

# WORKSHOP & CME ON OBSTETRIC CRITICAL CARE

25<sup>th</sup> & 26<sup>th</sup> May 2024 @ Le Méridien, Coimbatore Time - 9 am to 5 pm







Dr. K. Madeswaran Chairman

## CHAIRMAN'S MESSAGE

On behalf of the Royal Care Super Speciality Hospital, I welcome you all for the 3rd "ANNUAL RCH ICU UPDATE".

The theme for this year CME will be "OBSTETRIC CRITICAL CARE".

There is a significant paradigm shift in the field of obstetrics wherein "young and healthy" women are no longer synonymous with pregnancy. Obstetricians are currently faced with the management of chronic medical conditions (i.e., Diabetes Mellitus, Hypertension, Chronic heart disease, and Obesity) as women are becoming pregnant at increasingly older ages due to cultural changes and advancements in assisted reproductive technology.

With an increasing prevalence of chronic medical conditions and the associated potential for decompensation to critical illness among present day parturients, obstetricians find themselves on a new frontier.

Structured approach in the provision of care to the critically ill pregnant patient will serve as a foundation for future attempts to reduce maternal morbidity and mortality. I am sure that this CME will provide clarity, knowledge and skills in enhancing the outcome of critically ill parturients among the clinicians across the specialities.

I wish the organizing committee all the very best in making this year ICU UPDATE a grand success.



ORGANISING SECRETARY'S MESSAGE

Greetings from the organizing committee.

**Dr. M. N. Sivakumar** Organising Secretary

On behalf of the Institute of Critical Care Medicine at Royal Care Super Speciality Hospital, it gives me immense pleasure in inviting you for the 3<sup>rd</sup> "ANNUAL RCH ICU UPDATE".

Theme based CMEs conducted by our team over the last two decades had an overwhelming participation and resounding appreciation from Critical Care Physicians, General Practitioners and trainees from different specialities. We are passionate about sharing knowledge and skills across the region to enhance the continuum of care in critically ill patients. We as a team take pride in inviting you to this year's edition of the scientific session on "OBSTETRIC CRITICAL CARE", which is poised to enrich knowledge and skill through the stalwarts in the field, sharing their expertise.

The scientific programme includes a workshop on day 1 which will provide hands-on approach in dealing with critically ill parturients. The second day symposium will host an array of didactic lectures, pro - con debate, interesting clinical scenario discussions and interactive question answer sessions. These interesting two days will cater to the needs of Practising Intensivist, Obstetrician, Anaesthetist, Emergency Physician, Internal Medicine Specialist Post Graduate Trainee and Paramedical team. The venue at Le Meridien will provide an apt atmosphere for the academic feast.

Looking forward to seeing you at the stellar CME event.



#### Standing - Left to Right

Dr. Pon Thelac. A. S / Dr. Ram Prasaanth. P / Dr. Ragul. D Dr. Vinothkumar. R / Dr. Malathi. S / Dr. Jayanthi. K / Dr. Indumathi. S Dr. Aathira. K. Jose / Dr. Srinithi. A / Dr. Santhanababu. V Dr. Saeed Shabas. P. V / Dr. Lakshmikanth Charan. S / Dr. Nandakumar. P

#### Sitting - left to Right

Dr. Sakthivel. M / Dr. Nandakumar. V / Dr. Selvakumar. M Dr. Senthilnathan. T. A / Dr. Sivakumar. M. N / Dr. Vivekananthan. P Dr. Senthilkumar. R. S



**Dr. B. Paranthaman Sethupathi** Medical Director



**Dr. K.T. Manisenthilkumar** Chief Operating Officer

### **Inhouse Faculty**



Dr. S. Kalyanakumari

MD (OG), Dip. Gyn Endoscopy (Germany), MBA (HA)., Consultant Gynaecologist, Infertility Specialist, Advanced Laparoscopic and Robotic Surgeon Royal Care Hospitals, Coimbatore



Dr. S. Kalaivani MS (OG), DNB (OG), MNAMS, MRCOG (UK), Consultant Obstetrician and Gynaecologist Royal Care Hospitals, Coimbatore



Dr. P. Sampathkumar MD, DNB, PDCC (Cardiovascular Imaging and Vascular Intervention) Consultant Interventional Radiologist Royal Care Hospitals, Coimbatore

## **Invited Faculty**



Dr. Chaitanya JSK MBBS, DNB (Int.Medicine), IDCCM, EDIC, Head of the Department, Consultant Critical Care Medicine, KIMS hospitals, Gachibowli, Hyderabad



**Dr. Pailey** MBBS, MD, MRCOG, FRCOG Senior Consultant in Obstetrics and Gynaecology Rajagiri Hospital, Aluva, Kerala



Dr. Pradeep Rangappa MBBS, DNB (Int. Med), FJFICM, EDIC, FCICM, PGDip ECHO, MBA(HCS), FICCM, PGDMLE (NLSUI) Senior Consultant at Intensive Care Unit, Yeshwanthpur Manipal Hospitals, Bangalore



## Dr. Ram E Rajagopalan MBBS, AB (Internal Medicine), AB (Critical Care)

Head of the Department of Critical Care Medicine Sri Ramachandra Medical College Hospital, Chennai



#### Dr. Senthur Nambi

MBBS, MD (Gen Medicine), FNB (Infectious diseases) Senior Consultant, Infectious Diseases and Co-chair Hospital Infection Control Committee, Apollo Hospitals, Chennai



Dr. Srinivas Samavedam

MBBS, MD (Int.Medicine), DNB (Int.Medicine), FNB (Critical Care Medicine), EDIC, FICCM Chief Critical Care Specialist, Ramdev Rao Hospital, Hyderabad



Dr. Sumana Manohar MBBS, MRCOG, FRCOG Senior Consultant in Obstetrics and Gynaecology Apollo Hospital, Chennai



Dr. Tarakeswari MBBS, MD (OG) Head of the Department of Obstetric Medicine . Fernandez Hospital Hyderabad



Dr. Uma Ram MBBS, DGO, DNB (OG), MRCOG, FRCOG Director and Lead Consultant in Obstetrics and Gynaecology, Seethapathy Clinic and Hospital Chennai

## DAY - 1 OBSTETRIC CRITICAL CARE

### WORKSHOP

Saturday, 25<sup>th</sup> May 2024 Time: 9 am to 5 pm

## Three Critical Care Stations

Three Obstetric Stations

MEGACODE Maternal Code Blue Demo

> Just Ask Me Anything (JAMA)

## CRITICAL CARE STATION: RESUSCITATION

- BLS and ALS in pregnant lady
- Brady, Tachyarrhythmias Defibrillator hands on use
- Crash Cart set up, commonly used drugs and dilutions Atropine,
  Adrenaline, Magnesium, Bicarb, Furosemide, Calcium, Potassium,
  Amiodarone
- Primary survey / management of trauma in pregnancy

## CRITICAL CARE STATION: OXYGEN THERAPY, AIRWAY AND VENTILATION

- Oxygen delivery devices
- Bag valve mask ventilation and use of airway adjuncts
- NIV and HFNC
- Intubation preparedness, airway management and challenges
- FONA Front Of Neck Airway when, where and how to do ?

## CRITICAL CARE STATION: HAEMORRHAGIC SHOCK - CRITICAL CARE MANAGEMENT

- Recognition and initial management of Shock
- IV access, Intra osseous Needle use
- Fluid resuscitation when, which and how
- Inotropes use and choices
- Clinical assessment and quantifying blood loss
- Blood and blood components when, what and endpoints
- Coagulopathy monitoring and correction
- Massive transfusion protocol
- Know your Gadgets fluid warmer, infusion and syringe pumps

## **OBSTETRIC WORKSTATION**

#### HAEMORRHAGE

- Dealing with Haemorrhage Protocolized care discussion
- Know your gadgets: Bakri balloon, ligature practice, step wise devascularization

### RESUSCITATION

Resuscitative Hysterotomy

#### **ECLAMPSIA**

- Essential monitoring
- Eclampsia drill

## DAY - 2 OBSTETRIC CRITICAL CARE

CME

Sunday, 26<sup>th</sup> May 2024 Time: 9 am to 5 pm

## SESSION - I

- Anatomical and Physiological changes in Pregnancy Clinical Implications
- Triage Rapid Initial Assessment of Critical Obstetric Patient and when to transfer
- Maternal Cardiac Arrest

#### **KEYNOTE LECTURE**

"Why do mothers die - what have we learnt over the years"

## SESSION - II

- Hypertensive Emergencies in Pregnancy including HELLP
- Peripartum Cardiomyopathy diagnostic elusiveness and management strategies
- Embolic Catastrophes Amniotic and Pulmonary Embolism



## **Target Audience**

Practising Intensivist Obstetrician, Anaesthetist, Emergency Physician, Internal Medicine Specialist Post Graduate Trainee and Paramedical team

## SESSION - III

#### **PANEL DISCUSSION**

Peripartum Haemorrhage : "Collaborative Team - Playing your strengths for optimal Care and Outcome"

Obstetric, Critical Care and Interventional Radiology View Points

## **SESSION - IV**

- Sepsis in Obstetric patient
- Tropical diseases during pregnancy

#### **CASE SCENARIO BASED LEARNING SESSION**

"How to minimise and deal with medico legal issues related

to Obstetric Critical Care"

- Emphasis on Documentation and Communication

## SESSION - V

- Liver disease in Pregnancy
- Trauma in Pregnancy
- Respiratory failure in Pregnancy

## APPLIED FOR TNMC CREDIT POINTS



#### **PAPERLESS ICU**

- Integrated Electronic Charting System aimed to enhance nursing efficiency and minimize errors
- One among the few Indian centres to successfully implement it to the fullest extent

## **BEST PRACTICES**

- ECMO retrieval of sick patients
- Primary PCI programme
- Acute stroke thrombolysis / thrombectomy
- Aneurysmal coiling and clipping
- Comprehensive ARDS care including Prone & ECMO
- Hypothermia for Cardiac arrest survivors
- Multi-organ support for septic shock
- Advanced hemodynamic & Neuro monitoring includes
  Cardiac output, ICP & EEG
- ICU Outreach in ward
- ICU Follow up clinics

### **REFERRAL CENTER FOR**

Acute Coronary Syndrome Polytrauma Obstetric Emergencies ARDS Acute Stroke Aneurysmal Bleed Poisoning Envenomation Acute Kidney Injury Severe Sepsis / Septic Shock Gastro Intestinal Emergencies

## ICU Team



Allied health personnel - Respiratory therapists, Physiotherapists, Clinical Pharmacists, Nutritionists, Infection control nurses as regular members of the ICU team

Physicians with structured Intensive Care training and extensive experience available round the clock



Nursing staff with formal Intensive Care training provide 24/7 care



Nurse-Patient ratio appropriate to the patient needs



24/7 consultant back up from all specialities





## **COURSES OFFERED IN OUR ICU**

Doctor	Doctorate of National Board (DrNB) Indian Diploma in Critical Care Medicine (IDCCM) Fellowship in Neuro Critical Care (FNCC)	
Respiratory Therapist	Advanced Certification in Respiratory Technology (ACRT) Fellowship in Advanced Respiratory Care (FARC)	
Nurses	Indian Diploma in Critical Care Nursing (IDCCN)	
Medical / Paramedical / Community	American Heart Association (AHA) - BLS/ACLS	

## **Tariff Details**

Category	CME	Workshop	CME + Workshop
Post Graduates/ Paramedics	1500	1500	2500
Consultants	2000	2000	3500
Spot Registration	2500		

Note: • Workshop on a first come basis

• No Spot Registration for workshop

Charges inclusive of GST

#### Scan the QR Code

For Registration



**Click here to Register** 

#### **Organising Secretary:**

Dr. M. N. Sivakumar Head- Institute of Critical Care Medicine Royal Care Super Speciality Hospital Contact : +91 98422 49230

#### Venue:

or

Le Méridien, Coimbatore 762, Avinashi Road, Neelambur, Coimbatore - 62 , Tamil Nadu. For Further information www.rciccm.com rciccm@gmail.com





#### Address for communication :

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